



Guide:
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Ski Gear

- skis or split board, skins, boots, poles
- [3 antennae transceiver](#) with minimum 50% battery power
- aluminum avalanche shovel
- minimum 200 cm avalanche probe
- minimum 50 litre pack

Clothing/hut

- merino or synthetic long underwear & socks
- mid-weight layer: fleece, merino or other synthetic
- waterproof jacket and pants
- puffy, warm jacket that fits over all your layers
- lightweight hut footwear
- one light + one heavier toque (winter hat)
- one light + one heavier pair of gloves (waterproof)
- sunglasses, goggles, sunscreen, lip balm, sun hat
- bandana, Buff or similar to protect your neck and face
- personal blister kit, medications, tape, toilet paper, lighter, ear plugs, toothbrush, toothpaste etc
- headlamp with good batteries
- bottles and/or hydration bladder to carry at least 2 litres of water
- minimum -5 C sleeping bag

Climb/glacier

- lightweight (preferably non-padded) harness
- 1 double length (120cm) sewn sling
- 2 locking carabiners (at least one [auto locking](#))
- 2 non-locking carabiners
- 1 x 5 metre 6 mm cordelette
- 1 x 1.5 metre 6mm cordelette
- lightweight ice axe
- ski crampons that fit your bindings and skis
- lightweight boot crampons fit to your boots in advance (aluminum recommended)

Optional

- ice screw
- ski or lightweight climbing helmet
- lightweight wind jacket
- camera
- thermos
- reading materials
- emergency communication device (I'll have a VHF radio)

WAIVER

As required by our insurance company and Land Managers, you'll need to complete the ACMG waiver witnessed by your guide.

[Review the waiver in advance here](#)

