<u>ElevationGuides.ca</u>
Ski Touring checklist



# **Custom adventures worldwide**

# Aventures sur mesure autour du monde



#### Guide:

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#### Ski Gear

- · skis or split board, skins, boots, poles
- <u>3 antennae transceiver</u> with minimum 50% battery power
- •\_aluminum avalanche shovel, minimum 200 cm probe
- minimum 35 litre pack



### Clothing

- merino or synthetic long underwear & socks
- midweight layer: fleece, merino or other synthetic
- waterproof jacket and pants
- puffy, warm jacket that fits over all your layers
- 1 light and 1 heavier toque
- 1 light and 1 heavier pair of gloves (waterproof)
- · sunglasses, goggles, sunscreen, lip balm, sun hat
- bandana or similar to protect your neck and face
- personal blister kit, medications, tape, toilet paper, lighter
- headlamp with good batteries
- lunch, bottles and/or hydration bladder to carry 1-2 litres of water

## **Optional**

ski or lightweight climbing helmet

lightweight wind jacket

camera

thermos

## **Group Gear (supplied by Guide)**

Group 1st aid kit + splint

rescue tarp &/or toboggan

repair kit

VHF radio &/or satellite comm device

5 metres of cordelette + carabiners

snow observations kit

**WAIVER:** As required by our insurance company and the Land Managers, you'll need to complete and sign the ACMG waiver witnessed by your guide. You can <u>review the waiver in advance here</u>.